### SEPT 25 - 27TH 2020 SINTRA, PORTUGAL

# THE WAY OF COUNCIL

FULL 3-DAY NATURE-BASED INTRODUCTION TRAINING

> WITH ROB DREAMING AND EXPERIENCED TEAM



OPEN TO PEOPLE WHO WANT TO GET TO KNOW AND USE THIS PRACTICE IN THEIR PROFESSIONAL AND/OR PERSONAL LIFE ALSO OPEN TO THOSE WITH LITTLE OR NO EXPERIENCE OF COUNCIL

facilitation will be held in english, with translation if needed by the group

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# way of council

a method to support group processes and personal development, for vision and clarifying purpose, co-operative learning environments, decision making, honouring achievement, for reflection, conflict management, peace and reconciliation work, celebration and for discovering the deeper, often unexpressed needs of individuals and organizations.



# participants will

identify useful practices for self and group facilitation, develop communication skills and the ability to be present in each moment, explore with tools offered in response to our own particular and collective needs and questions, receive guidance from over 18 years of working council practice, plus teachings handed down.

### where and how?

enter the field

25 SEPT - 10h > 21h30
26 SEPT - 9h30 > 21h30
27 SEPT - 9h30 > 17h

**VENUE**: Quinta TEN CHI R. Moinhos dos Gatos, Várzea de Sintra, Portugal

PRICE: 185€\* is the cost for the 3-day training

\*this price supports the team work to continue and other participants who can't pay the full amount. IF you can't afford the full price, a sliding scale (185-155€) aims to support you to pay

within this scale as you can

#### 90€ deposit is required to book

#### your place

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\*Food & accomodation\* not included in this price

<u>Available options on registration:</u> \*low cost camping or dormitory \*delicious vegan meals by Veganesh

For all info, questions and registration contact:

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#### training@heart-source.com

#### IT INCLUDES

- Council outside with, and in nature
- Building trust
- Practical forms of application
- Q&A Theory and practice in group settings
- Storytelling
- Games
- The experience and impact of cooperative communication
- Social responsibility
- Quality and coherence of our relationships and the opportunities we create



## **Rob Dreaming**

The trainer

Rob is a Facilitator, Mentor and Trainer in Way of Council, with 18 years leading council practice, a SOLB (School of Lost Borders) trained wilderness guide, mentored by Gigi Coyle (Ojai Foundation Trainer & author of Way of Council). He is also a core member of SOAR (School of All Relations –Greece) and the European Council Network. He has over 19 years experience facilitating groups, coaching individuals, designing and running trainings in the areas of consciousness and communication.

#### Steps to introduce council for the first time

- · When to use which 'kind' of councils?
- · How to make a field aware of itself?
- · How to respond to the field?
- · Council in 'NEW' environments
- · Resistance, being ready, risks and limits of council
- Prompts, themes, questions how to, which one?
- $\cdot$  How to deal with a 'NO', accommodate a refusal
- Ways to support; field, circle, trust
- Intentions how to keep them
- Intervene, how? when?

SEE YOU SOON!