

June
13-17th
@
São Gião
Serra da Estrela
Portugal
2018



The Natural Council

*A Council of renewal and deepening
Council in nature, Threshold walk and Overnight solo*

First steps into the wilderness – hosted five days on the land of São Gião, a time of renewal for us and for the fire-ravaged forest, we are invited into the deepening of our journeys, our questions and our rite of passage in the world.

Whatever our current theme or focus, The Natural Council crosses a bridge into a deeper nature, into emergence and powerful transformative work, marking visibility in the heart, breath and spirit, and honoring a time of importance for our initiations in life.

This special time of quest will be grounded in and by nature, Way of Council, ceremony and an overnight solo quest, using nature as our mirror and guide.

Held and facilitated by experienced council guides;

Rob Dreaming and *Krisztina Pasztor*

Hosted by *Maria Teresa Mendes*

Open to those with
Council and/or
circle experience

€350 for costs, guides and teachings
Includes food and camping facilities 5days, use of solo equipment

For booking & details Portugal: Maria Teresa
teresa.mendes@florescer.pt

Pre-requisites – Places limited to 10
Participants must have either a council training or some circle experience
Seminar will be given in English with translation if necessary by the group



The Natural Council

Elements:

Time spent in circle, in witness to each of our current story and focus

Taking a medicine walk to open and cross a first threshold

Returning to and working our deeper intentions in group support process

Preparation for fasting and a 24-hour solo time alone in the land

Being received and heard in community, by heart and through the mirrors

The solo ...slowing down, taking the time each of us finds necessary to use in the way we feel would serve our current story. This work offers a deepening in council ways, nature and ceremony, bringing forth the fruit and flower of this gift we are given of life to live, gently... sharing in the reviving nature of a very special place.



www.heart-source.com

Robin Dreaming

Rob is a Facilitator, Mentor and Trainer in Way of Council, with 16 years leading council practice, a SOLB trained wilderness guide, mentored by Gigi Coyle (Ojai Foundation Trainer, SOLB Guide & author of Way of Council). He is also a core member of SOAR (School of All Relations – Greece) and the European Council Network. He has over 17 years experience facilitating groups, coaching individuals, designing and running trainings in the areas of consciousness and communication.



Krisztina Pasztor

Krisztina is a Council Facilitator, Experiential/Outdoor Trainer and Counselor with Wilderness-Adventure Therapy Specialization. She has had supportive trainings in Creating Functional Change, Achieving Best Practices, Forest Therapy and deep listening based on transpersonal psychological approach. She is passionate about the transformational power of nature, gardening, permaculture, ecopsychology, and is devoted to initiate the process of cultural change with many partner organisations.

“To be ready at any moment to give up what you are for what you might become.”

— W. E. B. Du Bois

